

Attachments Checklist

- A recent copy of your photo ID or passport
- Your medical response plans

• A list of all your medications

• Any additional files as described in this document

Guest Details

| Name: | Surname: | | | |
|--------------------------------------|----------------------------------|--------|-----------|--|
| Date of Birth (<i>dd/mm/yyyy</i>): | Plan Date (<i>dd/mm/yyyy</i>): | | | |
| Address: | Suburb: | State: | Postcode: | |
| Phone Number: | Mobile: | | | |
| Email Address: | | | | |
| Passport Number: | Country of Issue: | | Exp: | |
| Companion Card Number: | | | Exp: | |
| Medicare Number: | | | Exp: | |
| Other / Concession Card: | | | Exp: | |

Parent / Guardian / Next of Kin Details

| Name: | Relationship to You: | | | |
|----------|----------------------|--------|-----------|--|
| Address: | Suburb: | State: | Postcode: | |
| Mobile: | Email: | | | |

2nd Emergency Contact Details

| Name: | Relationship to You: | | |
|----------|----------------------|--------|-----------|
| Address: | Suburb: | State: | Postcode: |
| Mobile: | Email: | | |

Other Contact, Personal Representative or Service Agency

| Name: | | | | Relationship to You: | | | |
|---------------------------|-----------|------------|----|-------------------------------|-----------|-----------|--|
| Mobile: | | | | Email: | | | |
| Is the Guest completing t | his form? | Yes | No | If NO, please provide details | below | | |
| Name: | | | | Relationship to Guest: | | | |
| Mobile: | | | | Email: | | | |
| Invoice to | | | | | | | |
| Guest (As Above) | Guardian | (As Above) | | Other - please provide deta | ils below | | |
| Name: | | | | Relationship to Guest: | | | |
| Address: | | | | Suburb: | State: | Postcode: | |
| Mobile: | | | | | | | |

Social Solutions WA PTY LTD trading as Discovery Holidays • PO Box 824 Donnybrook WA 6239 • ABN: 46 163 536 105 Ph: 1800 290 996 • Email: info@discoveryholidays.com.au • Website: www.discoveryholidays.com.au

Medical Information

Guests requesting medication administration assistance are required to complete the Medication Support Plan, have it signed by their GP and submit to Discovery Holidays.

Forms are available from the Guest Services Team.

| Private Health Fund: | | | Member Nu | ımber: | | Exp: |
|---|-----------|--------------|----------------------------|---------------------------|----------------|-----------|
| Do you take any medication? | Yes | No | Do you self- | manage your medication | ? Yes | No |
| Ambulance Cover: | Yes | No | | | | |
| Doctor Details Name: | | | | | | |
| Address: | | | Suburb: | | State: | Postcode: |
| Surgery Phone: | | | Emergency | Phone: | | |
| Specialist Details (Option Name: | onal) | | | | | |
| Address: | | | Suburb: | | State: | Postcode: |
| Surgery Phone | | | Emergency | Phone: | | |
| Medical Details What is your diagnosed disability | | | | | | |
| Which of the following describes | s your co | ondition o | r disability? (maı | | | |
| Physical Impairment | | | | Intellectual / Cognitive | Impairment | |
| Ambulant (low assistance) | | | | Mild (low assistance) | | |
| Ambulant (with mobility a | ids, phys | sical assist | ance) | Moderate (extra assistar | nce) | |
| Non-ambulant (wheelchai | r) | | | Profound / Severe (high | assistance) | |
| Sensory / Communication | Impairm | nent | | Psychological Illness / C | ondition | |
| Mild (low assistance) | | | | Acquired Brain Injury | | |
| Moderate (extra assistance | e) | | | Psychological Illness | | |
| Profound / Severe (high as | sistance |) | | Other | | |
| Medical History Quick F | Refere | nce Che | eck | | | |
| Aggressive, self harming, v | iolent be | ehaviours | | Sleep Walking | | |
| Allergy(s) (attach medical | respons | e plan) | | Sleep Apnoea | | |
| Asthma (attach medical re | esponse | plan) | | Hearing Impairment / A | ids | |
| Choking Risk / Aspiration | | | | Travel Sickness | | |
| Dementia | | | | Forgetfulness / Memory | / Loss / Confu | sion |
| Depression | | | | Epilepsy (attach medica | al response p | lan) |
| Diabetes | | | | Seizures of any kind | | |
| Dizzy Spells / Blackouts | | | | Physical Impairment / C | ondition | |
| Heart Condition | | | | Visual Impairment / Gla | sses | |
| Incontinence | | | | Anxiety, Nervousness | | |
| Migraine / Headaches | | | | Other | | |

Guest Personal Profile

| Preferred Name: | Languages Spoken: | | | | | | |
|--|---------------------------------|--------------------------------|--------------|---------|--|--|--|
| Cultural / Spiritual / Religio | ous Preferences: | | | | | | |
| Hair Colour: | Eye | Colour: | | | | | |
| Male Female | Height (cm) | Weight (kg) | | | | | |
| Guest Service Type | | | | | | | |
| 1:4 Independent | 1:2 Extra Assistance <i>LOW</i> | 1:1 Extra Assistance HI | GH Unsure | | | | |
| Which of the following best describe your holiday and leisure interests? | | | | | | | |
| Playing Sports | Spectator Sports | Beach | Live Theatre | Movies | | | |
| Swimming | Sightseeing | Live Music | Theme Parks | Dancing | | | |
| Singing | Cooking | Arts & Crafts | Dining Out | Fishing | | | |

Please describe any other activities, personal experiences or special events that you are interested in or would like to experience on holiday.

General Routine & Preferences

| Can you swim? | Yes | No | Do you smoke? | Yes | No |
|---|-----|----|--------------------------------|-----|----|
| Have you travelled on holiday before? | Yes | No | Do you drink alcohol? | Yes | No |
| Can you manage your own money? | Yes | No | Do you need support to monitor | Yes | No |
| Do you want the Guest Services Team to look after your money? | Yes | No | your alcohol intake? | | |

Please describe any preferences you may have for your personal daily routine whilst on holiday.

Guest Personal Profile - Continued

Do you experience difficulty with any of the following? (mark as many as apply)

| Crowds / Public Spaces / Events | Orientation / Time / Place | A full day of Community Activities |
|---------------------------------|--------------------------------|------------------------------------|
| Lifts / Stair / Escalators | Social Interaction with Adults | Absconding during Activities |
| Road Safety Awareness | Interaction with Children | Confined Spaces |
| Sea travel / Boats / Ferry | Interaction with Animals | Heights |
| Air Travel | Unplanned Incontinence | Dining Out |
| Travel Sickness | Noisy Environments | Pool / Water Safety Awareness |

Please describe (or attach) any additional information that will assist us to minimise any difficulties you might experience whilst on holiday. (if applicable)

Communication

Guests should travel with their appropriate communication support tools, devices, and plans, including behavioural management plans if applicable.

For more information call the Guest Services Team on 1800 290 996

Which of the following describes how you most often communicate with others?

| Speech which others understand | Gestures and Non-Verbal Clues | Communication Aid / Tools |
|---|-------------------------------|----------------------------------|
| Speech which others will not always understand | Behavioural Clues | Sign Language / Makaton / Auslan |

Please provide any additional information that describes your communication preferences.

Do you communicate behaviours that are likely, in any way, to disrupt the wellbeing and enjoyment of the holiday for yourself or others? (including inappropriate and antisocial behaviour, verbal or physical aggression, severe mental health symptoms and conditions, or other challenging behaviours)

Often

Yes No Sometimes

Please describe (or attach) any behaviours that may be challenging for yourself or others and include possible triggers and preferred response strategies and attach any support plans. (if applicable)

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Guest Personal Profile - Continued

Food & Nutrition

Please describe any special dietary requirements or food allergies you may have.

What are your favourite foods? Please describe. (Breakfast / Lunch / Dinner)

What are your favourite beverages? Do you prepare your own hot / cold beverages? Yes No

Sleeping Arrangements

Please describe (or attach) any sleeping habits that may negatively affect other guests in a twin share room. (insomnia, restlessness, sleep walking / talking, snoring, etc.)

| What time do you like to get up in the morning? | Between | AM and | AM |
|---|-----------|--------|--------|
| what time do you like to get up in the morning? | | | |
| What time do you prefer to go to bed at night? | Between | PM and | PM |
| Do you sleep well at night? Most times | Sometimes | Rarely | Unsure |
| Do you require checking overnight? | Yes | No | Unsure |
| Do you require active overnight support? | Yes | No | Unsure |
| Do you require single accommodation? | Yes | No | |

Guest Personal Profile - Continued

Personal Care & Hygiene

| Eating / Drinki | ng: | Independent | Prompt / Assist | Assistance | Modified Diet |
|--|--|---------------------------------|---|---|---|
| Showering: | | Independent | Prompt / Stand by | Assistance | Shower Chair |
| Dressing: | | Independent | Prompt | Assistance | |
| Grooming: | | Independent | Prompt | Assistance | Shaving |
| Dental Care: | | Independent | Prompt | Assistance | |
| Continence / T | oileting: | Independent | Prompt / Stand by | Assistance | Aids / Catheter / Other |
| Mobility | | | | | |
| | | | | | |
| Walk: | Independen | t Active | Independent Relaxed | Physical Assistance | Walking Frame / Cane |
| • | Independen Wheelchair (for distance | | Independent Relaxed Non-ambulent Manual Wheelchair | Physical Assistance Non-ambulent Electric Wheelchair | Walking Frame / Cane |
| • | Wheelchair (for distance | | Non-ambulent | Non-ambulent | Walking Frame / Cane No Stairs/Lift Only |
| Walk: | Wheelchair (for distance Stairs: |) | Non-ambulent Manual Wheelchair | Non-ambulent Electric Wheelchair | - |
| Walk: Walk up/down | Wheelchair (for distance Stairs: t Bed: |) Independent | Non-ambulent Manual Wheelchair Prompt / Assist | Non-ambulent Electric Wheelchair Physical Assistance | No Stairs/Lift Only |
| Walk: Walk up/down Transfer in/out | Wheelchair (for distance Stairs: t Bed: t Chair: |) Independent Independent | Non-ambulent Manual Wheelchair Prompt / Assist Prompt / Assist | Non-ambulent Electric Wheelchair Physical Assistance Physical Assistance | No Stairs/Lift Only Electrical Hoist/Other |

Please provide details of all the mobility requirements and equipment. (Include height, length, width and weight of any wheelchairs and battery type if applicable)

Please provide any further personal care information to assist us to support you whilst on holidays.

Guests requiring high assistance with personal care or mobility are requested to provide Personal Care and Mobility Support plans as attachments to this document.

For more information call the Guest Services Team on 1800 290 996



Please tell us your preferred holiday. Do you have personal goals or outcomes that you would like to experience while on holidays?

(ie: having fun, meeting new people, taking a break, enhancing life skills, social inclusion)

Declaration

To the best of my knowledge the information provided in this plan and to Discovery Holidays, is an accurate and a true reflection of the personal support services I/My dependent requires to participate safely in a holiday environment or community setting.

| Guest | Please sign | Date | |
|----------------|-------------|------|--|
| Guardian/Other | Please sign | Date | |

If Guardian or other please provide details below

| Name: | Relationship to Guest: | | |
|----------|------------------------|--------|-----------|
| Address: | Suburb: | State: | Postcode: |
| Phone: | Mobile: | | |
| Email: | | | |