

## **Attachments Checklist**

- A recent copy of your photo ID or passport
- Your medical response plans

• A list of all your medications

• Any additional files as described in this document

**Guest Details** 

Name:	Surname:			
Date of Birth ( <i>dd/mm/yyyy</i> ):	Plan Date ( <i>dd/mm/yyyy</i> ):			
Address:	Suburb:	State:	Postcode:	
Phone Number:	Mobile:			
Email Address:				
Passport Number:	Country of Issue:		Exp:	
Companion Card Number:			Exp:	
Medicare Number:			Exp:	
Other / Concession Card:			Exp:	

## Parent / Guardian / Next of Kin Details

Name:	Relationship to You:			
Address:	Suburb:	State:	Postcode:	
Mobile:	Email:			

#### **2nd Emergency Contact Details**

Name:	Relationship to You:		
Address:	Suburb:	State:	Postcode:
Mobile:	Email:		

#### **Other Contact, Personal Representative or Service Agency**

Name:				Relationship to You:			
Mobile:				Email:			
Is the Guest completing t	his form?	Yes	No	If NO, please provide details	below		
Name:				Relationship to Guest:			
Mobile:				Email:			
Invoice to							
Guest (As Above)	Guardian	(As Above)		Other - please provide deta	ils below		
Name:				Relationship to Guest:			
Address:				Suburb:	State:	Postcode:	
Mobile:							

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# **Medical Information**

# Guests requesting medication administration assistance are required to complete the Medication Support Plan, have it signed by their GP and submit to Discovery Holidays.

#### Forms are available from the Guest Services Team.

Private Health Fund:			Member Nu	ımber:		Exp:
Do you take any medication?	Yes	No	Do you self-	manage your medication	? Yes	No
Ambulance Cover:	Yes	No				
Doctor Details Name:						
Address:			Suburb:		State:	Postcode:
Surgery Phone:			Emergency	Phone:		
Specialist Details (Option Name:	onal)					
Address:			Suburb:		State:	Postcode:
Surgery Phone			Emergency	Phone:		
<b>Medical Details</b> What is your diagnosed disability						
Which of the following describes	s your co	ondition o	r disability? ( <b>maı</b>			
Physical Impairment				Intellectual / Cognitive	Impairment	
Ambulant (low assistance)				Mild (low assistance)		
Ambulant (with mobility a	ids, phys	sical assist	ance)	Moderate (extra assistar	nce)	
Non-ambulant (wheelchai	r)			Profound / Severe (high	assistance)	
Sensory / Communication	Impairm	nent		Psychological Illness / C	ondition	
Mild (low assistance)				Acquired Brain Injury		
Moderate (extra assistance	e)			Psychological Illness		
Profound / Severe (high as	sistance	)		Other		
Medical History Quick F	Refere	nce Che	eck			
Aggressive, self harming, v	iolent be	ehaviours		Sleep Walking		
Allergy(s) (attach medical	respons	e plan)		Sleep Apnoea		
Asthma (attach medical re	esponse	plan)		Hearing Impairment / A	ids	
Choking Risk / Aspiration				Travel Sickness		
Dementia				Forgetfulness / Memory	/ Loss / Confu	sion
Depression				Epilepsy (attach medica	al response p	lan)
Diabetes				Seizures of any kind		
Dizzy Spells / Blackouts				Physical Impairment / C	ondition	
Heart Condition				Visual Impairment / Gla	sses	
Incontinence				Anxiety, Nervousness		
Migraine / Headaches				Other		

# **Guest Personal Profile**

Preferred Name:	Languages Spoken:						
Cultural / Spiritual / Religio	ous Preferences:						
Hair Colour:	Eye	Colour:					
Male Female	Height (cm)	Weight (kg)					
Guest Service Type							
1:4 Independent	1:2 Extra Assistance <i>LOW</i>	1:1 Extra Assistance <b>HI</b>	GH Unsure				
Which of the following best describe your holiday and leisure interests?							
Playing Sports	Spectator Sports	Beach	Live Theatre	Movies			
Swimming	Sightseeing	Live Music	Theme Parks	Dancing			
Singing	Cooking	Arts & Crafts	Dining Out	Fishing			

Please describe any other activities, personal experiences or special events that you are interested in or would like to experience on holiday.

# **General Routine & Preferences**

Can you swim?	Yes	No	Do you smoke?	Yes	No
Have you travelled on holiday before?	Yes	No	Do you drink alcohol?	Yes	No
Can you manage your own money?	Yes	No	Do you need support to monitor	Yes	No
Do you want the Guest Services Team to look after your money?	Yes	No	your alcohol intake?		

Please describe any preferences you may have for your personal daily routine whilst on holiday.

# **Guest Personal Profile - Continued**

## Do you experience difficulty with any of the following? (mark as many as apply)

Crowds / Public Spaces / Events	Orientation / Time / Place	A full day of Community Activities
Lifts / Stair / Escalators	Social Interaction with Adults	Absconding during Activities
Road Safety Awareness	Interaction with Children	Confined Spaces
Sea travel / Boats / Ferry	Interaction with Animals	Heights
Air Travel	Unplanned Incontinence	Dining Out
Travel Sickness	Noisy Environments	Pool / Water Safety Awareness

Please describe (or attach) any additional information that will assist us to minimise any difficulties you might experience whilst on holiday. (if applicable)

#### Communication

# Guests should travel with their appropriate communication support tools, devices, and plans, including behavioural management plans if applicable.

#### For more information call the Guest Services Team on 1800 290 996

Which of the following describes how you most often communicate with others?

Speech which others understand	Gestures and Non-Verbal Clues	Communication Aid / Tools
Speech which others will not always understand	Behavioural Clues	Sign Language / Makaton / Auslan

Please provide any additional information that describes your communication preferences.

Do you communicate behaviours that are likely, in any way, to disrupt the wellbeing and enjoyment of the holiday for yourself or others? (including inappropriate and antisocial behaviour, verbal or physical aggression, severe mental health symptoms and conditions, or other challenging behaviours)

Often

Yes No Sometimes

Please describe (or attach) any behaviours that may be challenging for yourself or others and include possible triggers and preferred response strategies and attach any support plans. (if applicable)

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# **Guest Personal Profile - Continued**

### **Food & Nutrition**

Please describe any special dietary requirements or food allergies you may have.

What are your favourite foods? Please describe. (Breakfast / Lunch / Dinner)

What are your favourite beverages? Do you prepare your own hot / cold beverages? Yes No

#### **Sleeping Arrangements**

Please describe (or attach) any sleeping habits that may negatively affect other guests in a twin share room. (insomnia, restlessness, sleep walking / talking, snoring, etc.)

What time do you like to get up in the morning?	Between	AM and	AM
what time do you like to get up in the morning?			
What time do you prefer to go to bed at night?	Between	PM and	PM
Do you sleep well at night? Most times	Sometimes	Rarely	Unsure
Do you require checking overnight?	Yes	No	Unsure
Do you require active overnight support?	Yes	No	Unsure
Do you require single accommodation?	Yes	No	

# **Guest Personal Profile - Continued**

#### **Personal Care & Hygiene**

Eating / Drinki	ng:	Independent	Prompt / Assist	Assistance	Modified Diet
Showering:		Independent	Prompt / Stand by	Assistance	Shower Chair
Dressing:		Independent	Prompt	Assistance	
Grooming:		Independent	Prompt	Assistance	Shaving
Dental Care:		Independent	Prompt	Assistance	
Continence / T	oileting:	Independent	Prompt / Stand by	Assistance	Aids / Catheter / Other
Mobility					
Walk:	Independen	t Active	Independent Relaxed	Physical Assistance	Walking Frame / Cane
•	Independen Wheelchair (for distance		Independent Relaxed Non-ambulent Manual Wheelchair	Physical Assistance Non-ambulent Electric Wheelchair	Walking Frame / Cane
•	Wheelchair (for distance		Non-ambulent	Non-ambulent	Walking Frame / Cane No Stairs/Lift Only
Walk:	Wheelchair (for distance Stairs:	)	Non-ambulent Manual Wheelchair	Non-ambulent Electric Wheelchair	-
Walk: Walk up/down	Wheelchair (for distance Stairs: t Bed:	) Independent	Non-ambulent Manual Wheelchair Prompt / Assist	Non-ambulent Electric Wheelchair Physical Assistance	No Stairs/Lift Only
Walk: Walk up/down Transfer in/out	Wheelchair (for distance Stairs: t Bed: t Chair:	) Independent Independent	Non-ambulent Manual Wheelchair Prompt / Assist Prompt / Assist	Non-ambulent Electric Wheelchair Physical Assistance Physical Assistance	No Stairs/Lift Only Electrical Hoist/Other

Please provide details of all the mobility requirements and equipment. (Include height, length, width and weight of any wheelchairs and battery type if applicable)

Please provide any further personal care information to assist us to support you whilst on holidays.

Guests requiring high assistance with personal care or mobility are requested to provide Personal Care and Mobility Support plans as attachments to this document.

For more information call the Guest Services Team on 1800 290 996



# Please tell us your preferred holiday. Do you have personal goals or outcomes that you would like to experience while on holidays?

(ie: having fun, meeting new people, taking a break, enhancing life skills, social inclusion)

#### Declaration

To the best of my knowledge the information provided in this plan and to Discovery Holidays, is an accurate and a true reflection of the personal support services I/My dependent requires to participate safely in a holiday environment or community setting.

Guest	Please sign	Date	
Guardian/Other	Please sign	Date	

If Guardian or other please provide details below

Name:	Relationship to Guest:		
Address:	Suburb:	State:	Postcode:
Phone:	Mobile:		
Email:			